

Ron Fontaine/U.S. Navy photo

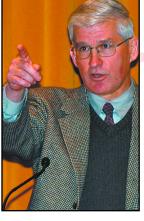
Jon Dillworth, Morale, Welfare and Recreation Department maintenance worker, power washes the hull of a Rhodes 19 sailboat outside Building W-34. The Naval Station Newport Marina's fleet was outhauled last week and stored for the winter. Story, more pictures, Pages 8-9.



Mohegan tribe topic of speaker

Mohegan Tribe member White Raven (Shane Long), left, will speak at NAVSTA's observance of Native American Heritage Month next Wednesday.

—Page 2



Is war waged without ethics?

A Naval War College ethics conference speaker says the United States is waging war without consideration for moral values.

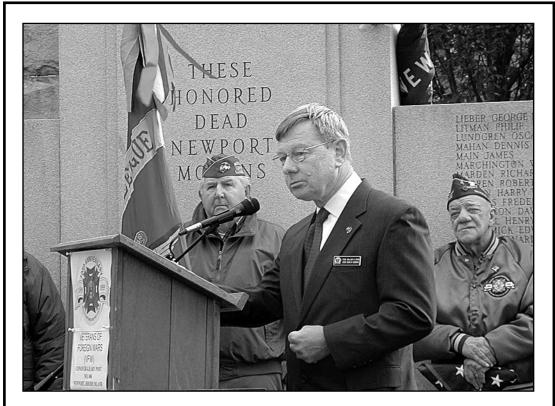
—Page 3



New skipper at SWOS helm

The outgoing commanding officer of the Surface Warfare Officers School Command receives awards during change of command ceremonies.

—Page 3



Remembering sacrifices

TOP: Retired Marine Col. William Spain, associate dean of academics at the Naval War College, speaks at Veterans Day ceremonies outside Newport City Hall last Thursday.

RIGHT: John Duchesneau, 42, center, stands with the Newport Artillery Company at the ceremonies. He served 10 months in Iraq with the 119th Military Police, R.I. National Guard.

BOTTOM: Steve Squadrilli Plainville, Mass., and spokesman for the USS Forrestal Association speaks after wreath-laying ceremonies at the ship's brow on Pier One last Friday. About 50 Forrestal veterans and family members attended the event to remember 276 Sailors who died serving on the carrier over 38 years.

Richard Alexander/U.S. Navy photos





Public Works evolution waits for RIF process

By ROGER LORD

Business Manager, NAVSTA Newport Public Works Department

The Reduction in Force (RIF) process at Naval Station (NAVSTA) Newport must run its course before the Public Works Department can transition from the old work force structure to the new Most Efficient Organization (MEO).

The current start date for the Public Works Department MEO is projected to be Dec. 14. The original in-house bid package included an initial phase-in period, Nov. 27 to next Jan. 25. The start date of the Public Works Department's first MEO year is currently being clarified with Commander, Navy Region Northeast.

There is much to do in preparation for beginning operations as an MEO.

One very important function is the selection of key personnel to staff the MEO. This includes supervisors, work leaders, and the workers themselves.

When the RIF process is finished and Public Works Department staffing is stabilized for the MEO, the new organization will be ready to execute its mission.

Mohegan lore topic of NAVSTA speaker

By BOB KREKORIAN

NAVSTA Public Affairs Staff

Mohegan Tribe member White Raven (Shane Long) will all NAVSTA Newport combe the keynote speaker at Naval Station Newport's observance of National American the menu at Ney Hall galley Indian and Alaska Native Heritage Month on Wednesday, Nov. 24, at 10:30 a.m. in the Building 690 Atrium.

White Raven is a community and cultural specialist with the Cultural Programs Depart-Council of Elders, Uncasville, corn bread.

Conn. He has been affiliated with the department for 14 vears.

His presentation is open to mands and tenant activities.

A heritage lunch will be on starting at 11:30 a.m.

The menu includes vegetable soup, buffalo rib-eye roll with natural pan gravy or baked salmon, baked potatoes, steamed brown rice, corn on ment of the Mohegan Tribe the cob, baked squash and



Capt. Robert P. McLaughlin Jr.

David Sanders NAVSTA Public Affairs Officer

Ron Fontaine

NAVSTA Public Affairs Staff

Bob Krekorian

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NAVSTA Public Affairs Staff

Greg Kohlweiss NAVSTA Public Affairs Staff

Richard Alexander NAVALOG Editor

The Newport Navalog is published weekly by Edward A. Sherman Publishing Co., a pri rate firm in no way connected with the U.S. Navy, under exclusive written contract with the

The Editorial content is edited, prepared and provided by the Public Affairs Office of the Naval Station, Newport, R.I. The Newport Navalog reserves the right to edit or correct copy to comply with its policies. This publication receives dispatches from the American Forces Press Service (AFPS)

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The Newport Navalog is printed on recycled paper.

War without moral bounds called big 'blunder' for U.S.

By RICHARD ALEXANDER

Navalog editor

The United States has paid too little attention to moral issues as it wages war in Iraq, and this is "a blunder of the first order" in the Bush Administration's struggle to stabilize the nation for national democratic elections in January.

So says Professor Andrew Bacevich of Boston University's Center for International Relations. He was the opening speaker for the 16th annual Ethics Conference at the Naval War College this week. The theme was "Professional Ethics in War Today.'

Bacevich was introduced by Rear Adm. Jacob Shuford, president of the NWC, who said how the armed forces behave is the "taproot of the soul" of who we are in the military.

"I hope in this conference that we can focus attention on the ethical and moral challenges we face in a kind of war we've never faced before," he

Bacevich said the U.S. faces a huge challenge in confronting terrorism, that some liken to waging a world war.

He made four points: our adversary does not recognize our moral code; the war in Iraq is about oil in the Persian Gulf which is essential to continuing our way of life; war is an inherently dirty business and brings out the worst on both sides; and finally, ethics "won't win any gold star" on the battlefield, yet without it, Americans will be viewed as hyp-



PHC Bob Inverso/U.S. Navy photo **Professor Andrew Bace**vich of Boston University takes a question from the audience in Spruance Hall, Naval War College last Monday.

ocrites and oppressors.

After Sept. 11, 2001, Defense Secretary Donald Rumsfeld decided that the old rules for waging war and interrogation do not apply to al-Qaeda detainees, Bacevich said.

The new attitude is, "We need to take the gloves off, and shelve our inhibitions. We are going to be the bad guy now."

But Bacevich said being the bad guy does not work on terrorism. Moral issues matter in this war, and they have a prac-

Rhode Island

tical importance.

He said there are three issues that demonstrate how the administration's policies have disregarded moral standards:

- 1. Going to war should be a last resort for a nation, and for defensive purposes. This is a war of choice by the administration.
- 2. No matter how hard we try to hit military targets, noncombatants in urban war settings are going to be casualties. As many as 100,000 Iraqi civilians may have been killed since March 2003, but our cavalier attitude to "collateral damage" has fueled the insurgents in the Islamic world.
- 3. The treatment of prisoners and detainees, and the circumvention of the rules of the Geneva Convention, has tarnished all that we profess about democratic ideals, personal freedom, and due process of law.

Prisoners have been stashed in Guantanamo without just cause, and others hidden from international human rights advocates and the Red Cross.

The Abu Ghraib prison scandal made things even worse, he said. We punished a few privates and sergeants in the lower enlisted ranks, but no senior official in the administration was held accountable.

"We have trivialized this abominable incident in the eyes of the world, "he said.



YNC Ginamarie Doherty/U.S. Navy photo

Capt. Mark H. Buzby, right, Commanding Officer, Surface Warfare Officers School Command, stands ready to be relieved as Capt. George Ponsolle reads his orders during change of command ceremonies in Weakley Hall on Nov. 10.

Capt. Ponsolle takes SWOS' interim helm

By JOY CHRISTMAS

NAVSTA Public Affairs Staff

Rear Adm. (Sel.) Mark H. Buzby turned over the helm of ber 1978. His initial assignthe Surface Warfare Officers ment was aboard USS Dupont School Command (SWOSCOL-COM) to Capt. George L. Pon- Division officer, first lieutenant solle in change of command ceremonies Nov. 10.

Capt. Ponsolle, formerly Director, Material Readiness/Damage Control Training at SWOS, will serve as interim commanding officer until the arrival of Capt. John Christenson early next year.

Capt. Ponsolle earned a Bache- PONSOLLE, Page 10

lor of Arts degree in applied mathematics in 1975 and a naval commission at Officer Candidate School in Decem-(DD 91), where he served as Mand navigator.

He attended Nuclear Power School SWOS Department Head School and the Naval War College.

His other tours of duty include assistant coordinator/lead instructor, SWOS Main Propulsion Assistance A native of Pasadena, Calif., Course; USS Nimitz (CVN 68)



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PHC Bob Inverso/U.S. Navy photo

DECISIONS, DECISIONS— Senior Chief Gas Systems Turbine Technician (SW) Guadal Ovalle, left, a Senior Enlisted Academy student, listens to points of view in a seminar-style wargame at the Naval War College last week. Current terrorist-related events required the participants to make predictions and decide on resources to fortify homeland defense.

STA-21/NSI class graduates today

By JOY CHRISTMAS NAVSTA Public Affairs Staff

Officer Training Command-Newport (OTC-N) will graduate Seaman to Admiral/Naval Science Institute (STA-21/NSI) Class 0407 of 146 officer candidates today at 10 a.m. in Capt. Howard N. Kay Hall at Naval Station (NAVSTA) Newport.

Retired Capt. Thomas G. Kelley, Medal of Honor recipient and secretary of the Massachusetts Department of Veterans' Services will be the guest speaker.

The ceremonies complete an eight-week program of rigorous and comprehensive naval science fundamentals and physical fitness training for select enlisted service members in their transition from the enlisted to officer community.

The curriculum consists of classes in navigation, naval engineering, naval weapons systems, naval history and naval leadership. The officer candidates will now follow on to colleges and universities with Naval Reserve Officer Training Corps (NROTC) units where they will pursue college degrees and ultimately earn commissions as officers in the Unrestricted Line (URL), Nurse Corps (NC), Supply Corps (SC), or Civil Engineer Corps (CEC).

The graduates and colleges

and universities they will STA-21 CLASS, Page 13

Bravo zulu

Vice CNO addresses class of War College graduates

Adm. John B. Nathman, Vice 52 mid-career U.S. officers and Chief of Naval Operations, addressed the 99 graduates of the Naval War College (NWC) during ceremonies Wednesday in Spruance Auditorium.

The students completed a rigorous academic curriculum, which consisted of three trimesters: Strategy and Policy, Joint Military Operations and National Security Decision Making. Along with these core subjects, students were also challenged with elective cours-

The NWC curriculum features seminar-based course work that allows for invigorating debates and in-depth discussions on case studies.

The NWC Class of 2004 includes 22 senior officers and federal government civilians in the College of Naval Warfare;

federal government civilians in the College of Naval Command and Staff; and 25 military officers and federal government civilians in the College of Distance Education. All graduates will receive master of arts degrees in National Security and Strategic Studies.

Adm. Nathman, the Navy's 33rd Vice Chief of Naval Operations, graduated with distinction from the United States Naval Academy in 1970.

College of Naval Warfare: Linda M. Adkins, National Security Agency

Cmdr. Timothy B. Bitzer, U.S.

Linda R. Blodgett, Department of

the Army Cmdr. William J. Breitfelder, U.S. Navv

Cmdr. Mark E. Cedrun, U.S. Navy Cmdr. Darryl D. Centanni, U.S.

Cmdr. Arthur S. de Leon, U.S.

Capt. James Gregorski, U.S. Navy Capt. David B. Grimland, U.S. Navy

Cmdr. Matthew K. Haag, U.S.

Cmdr. Samuel C.H. Howard, U.S.

Col. Aundra J. Jefferson, U.S. Marine Corps

Cmdr. Scott C. Kraverath, U.S.

Cmdr. David A. Lane, MC, U.S.

Cmdr. Shawn W. Lobree, U.S. Navy Cmdr. Mark P. Maglin, U.S. Navy Cmdr. Michael P. Mazzone, U.S.

Cmdr. Brian C. McCawley, U.S. Navy

Cmdr. Michael D. Neumann, U.S.

Capt. Burt T. Palmer, U.S. Navy Cmdr. Benjamin H. Peabody, U.S. Navy

Mr. Thomas Rogers, Department of the Army

Cmdr. Todd J. Seniff, U.S. Navy Keah Shields, Defense Contract Management Agency

WAR COLLEGE, Page 13

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Pack lunch, and learn about magic of family meetings

Bring your lunch to the Fleet 2283. and Family Support Center on Friday, Nov. 26, from 11:30 a.m. to noon, and watch "The Magic of Family Meetings" from the Active Parenting series. Registration is not iday joy by lowering holiday 2283. required. Just bring your lunch and enjoy the show!

Establish good credit-Good credit is an important part of financial planning. Establishing credit, correcting credit problems, and rebuild-

Fleet and Family **Support Center**

ing good credit are important skills. A representative from the Navy Federal Credit Union will be conducting this program at the Fleet and Family Support Center on Thursday, Dec. 2, from 11:30 a.m. to 1

Registration is required and may be made by calling 841-

TRICARE Corner

PCMs give **PRIME** care one-on-one

By MARY GEOFFREY

Naval Health Care New England

One of the advantages of enrolling in TRICARE Prime is being assigned to a primary care manager (PCM) who will provide and coordinate all your medical care and make referrals to specialists if required.

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To access your Naval Health Care New England PCM after clinic hours, contact the NHCNE Call Center at 1-888-628-9633.

In every case, if you believe it is an emergency, call 911 first. However, if you are a TRICARE Prime beneficiary, call your PCM for less urgent advice.

Curb holiday spending— Support Center on Tuesday, without getting into debt. Dec. 7, from 3 to 4 p.m., to hear suggestions on increasing hol- may be made by calling 841-

expenses. Participants will be given some ideas on how they is a powerful feeling. It can be anger and change your life for Come to the Fleet and Family can get through the holidays used destructively, or it can be the better.

Registration is required and

used for positive change. Come to the Fleet and Family

Control your anger —- Anger learn how to manage your

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What's going on

Prizes show appreciation to military

During November, Military Family Appreciation Month, all active duty military members and their spouses may visit any of the Morale, Welfare and Recreation Department facilities and fill out an entry form for a chance to win big prizes. Applicants must be 18 and over to play.

MWR will hand out 10 prizes Showcase Cinemas movie tickets, The Nutcracker tickets, and Commissary Navy Exchange gift certificates and much more!

For more information, call MWR Special Events at 841-4038.

TODAY, Nov. 19

- Graduation, Seaman to Admiral-21 Naval Science Institute, Class 0407, Kay Hall, Naval Station Newport, 10 a.m.
- Kids' Night, Gym 109, 6 p.m. to midnight. Parents have opportunity to go holiday shopping while kids, ages 5 to 14, are entertained. Limited to 60 children. Call 841-7986.
- · Free salsa lessons and Latin music, Topside Pub, Officers' Club, 5:30 to 6:30 p.m. Call 841-4038 for
- Ambassador William Middendorf speaks at Southeastern New England Chapter, Military Officers Association of America (MOAA), Officers' Club, 11:30 a.m.
- Armed Services YMCA (846-
- -Lovers' Night Out
- —Scrapbooking with Sara, 6 p.m. to midnight
- Newport Naval Officer Spouse Club's welcome coffee, Greene Lane Community Center, 10 a.m. to noon. Child care available at ASYMCA.
- The following movies are being shown free at the NAVSTA Newport Recreation Center beginning tonight: *The Notebook* (PG-13) and Spiderman 2 (PG-13).
 - Fleet and Family Support Center to noon.

Phone: 401-842-6336

www.newportartillery.org

video, Disrespect, Rudeness and Teas-

- ing, channel 13, 9 a.m. and 8 p.m.
 SATURDAY, Nov. 20
 Flashback Dance and Old School Night, sponsored by First Class Petty Officer Association, VFW Hall, Underwood Lane, Middletown, 6 to midnight, free finger foods. Ages 21 and up. Cash bar. Admission \$3 sin-
- gles, \$5 couples.
 •Thanksgiving for the Animals,
 Roger Williams Park Zoo, 11 a.m. to 3 p.m., Celebrate Thanksgiving in a wild way by helping to make treats for zoo residents. Call 785-3510.
- Fleet and Family Support Center video, Disrespect, Rudeness and Teasing, Newport Naval Cable Television, channel 13, 9 a.m. and 8 p.m.
- Armed Services YMCA:
- Kids Sewing, 9:30 to 11:30 a.m. Scrapbooking, 5 p.m. to mid-
- Soup kitchen at Community Baptist Church, 4:30 p.m., Dr. Marcus Wheatland Boulevard. Military volunteers welcome.

SUNDAY, Nov. 21

- Chapel of Hope Sunday worship
- Protestant service, 8 and 10:30
- Catholic mass, 9 a.m. and
- Fleet and Family Support Center video, Disrespect, Rudeness and Teasing, Newport Naval Cable Television, channel 13, 9 a.m. and 8 p.m. MONDAY, Nov. 22

- · Holiday food basket assembly, ASYMCA and Chapel of Hope volunteers, Chapel of Hope, 8 a.m.
- Armed Services YMCA (846-
- Parents' Time Out, 9 a.m. to noon. Let the "Y" care for your child(ren) while you take some time for yourself. \$12.50 for the first child, and \$7.50 for each additional child.
- Mini Baby Album, 7 to 9 p.m..
- · Winter boat berthing through April 30, NAVSTA Newport Marina. \$15 per foot for military personnel/\$18 per foot for DoD personnel. TUESDAY, Nov. 23

• Armed Services YMCA (846-

- Fitness Babysitting, 8:45 to 10:15 a.m. Childcare available for children over 10 months, \$4 for the first child, then \$1 each additional
- Scrapbooking with Sara, 9 a.m.

Adults \$5.00 • Children under 12 \$1.00

- -Adult Beginner Sewing No. 2, 9 a.m. top noon
- Fleet and Family Support Center video, How to Cope with School Violence, Newport Naval Cable Television, channel 13, 9 a.m. and 8 p.m.

WEDNESDAY, Nov. 24

- National American Indian and Alaska Native Heritage Month observance, Mohegan tribal member White Raven, Building 690 Atrium, 10:30 a.m.
- Heritage lunch, 11:30 a.m., Ney Hall Galley. Menu includes vegetable soup, buffalo rib eye roll with natural pan gravy, baked salmon, baked potatoes, steamed brown rice, corn on the cob, baked squash, and corn
- Fleet and Family Support Center video, Keeping Kids Safe, Newport Naval Cable Television, channel 13, 9 a.m. and 8 p.m.



LET'S DANCE - The Flashback Dance and Old School Night, sponsored by First Class Petty Officer Association, will be held at the VFW Hall on Underwood Lane, Middletown, Saturday night from 6 to midnight. Admission is \$3 singles, \$5 couples, ages 21 and over.

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HISTORICAL ARMS

Guidelines in place for accepting contractor holiday gifts

By Lt. KEVIN GERRITY

NAVSTA JAGC Officer

Holiday time is approaching, and many Department of Defense offices hold parties and receptions involving food, drink and even gifts. Various ethical considerations arise during this time and to avoid

A question of ethics

Grinch, the next few articles will address some general rules and exceptions.

being caught by the

What can I accept from a contractor?

The general rule is that federal personnel may not accept gifts from contractors or contractor personnel.

Exception No. 1: Federal personnel may accept gifts (other than cash) not exceeding \$20, as long as the total amount of gifts that the personnel accepts from that contractor does not exceed \$50 for the year.

Exception No. 2: Federal personnel may accept gifts from a contractor employee that are based on a bona fide personal relationship. (Such personal gifts are actually paid for by the contractor employ-

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Our blood needs are growing in Rhode Island because of an aging population, and because area hospitals are becoming involved in more intricate pro-

To be a blood donor you must meet the following general requirements:

- Be in general good health
- Be 17 years of age or older
- Weigh 10 pounds or more
- There are no upper age limits for donating blood in healthy individuals.

personnel may generally attend a contractor's openhouse or reception, and accept any gift of refreshments if it is a personnel may accept invitations offered to a group or class

agency's interest that the military personnel. employee attends.

widely-attended gathering, tions (even from contractors) that is not related to Govern-contact the ethics counselor and the employee's supervisor that are open to the public, all ment employment. (For exam-Lt. Kevin Gerrity at 841-2609.

Exception No. 4: Federal personnel may accept invita-

Exception No. 3: Federal determines that it is in the government employees, or all ple, if the building owner where your office is located Exception No. 5: Federal throws a reception for all of the tenants of the building.)

> If you have any questions, contact the ethics counselor,

"I used to drive 37 miles to see the doctor. Now I just drive down the street."

"I was working at a gym and happened to mention my new doctor's name to some people there – they all love her too. Her office is a few blocks away. In fact, I just had a bone density and mammogram next door to her office, which is really convenient. I pay the same money, get the same medications, and have a great doctor right here in town. This is too easy."

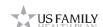
> - Donna Broadhead US Family Health Plan member, Salem, NH



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Walter Szynal, right, **Naval Station Newport** Marina manager, and Mike Ruggeri, MWR mechanic, bring a 30foot Shields over to the helo pad area to be lifted out by mobile crane.

HIGH AND DRY — Greg O'Shea, left, guides a Shields sailboat hoisted by a Public Works mobile crane to a boat cradle and trailer to be hauled to **Building W-34 for winter** storage.

Ron Fontaine/U.S. Navy photos



By RICHARD ALEXANDER

Navalog editor

With a chill in the air and an early frost on the pumpkins, the summer boating season also came to a close at the Naval Station (NAVSTA) Newport Marina.

The Morale, Welfare and Recreation (MWR) Department maintenance staff and Public Works Department teamed up to remove about 40 boats of various sizes on Nov. 3 and 10, and store them for the winter at Building W-34.

Armed with mobile cranes and a forklift, sailboats and powerboats alike where lifted out of the water one by one, and brought to Building W-34 where they were power washed, and stored. The Marina fleet consists of six 30-foot Shields, 15 Rhodes 19s, four maritime skiffs, three Boston Whalers, and 12 rowboats.

The small boats were lifted by fork-

lift at the Marina seawall. The larger Shields are towed to the former helicopter pad landing area on Coasters' Harbor Island, where a mobile crane from Public Works lifted them out, and loaded them on a boat trailer with cradle. During their winter storage, Marina manager Walter Szynal will clean, sand and paint the bottom of each boat, wax the hulls above the waterline, and lubricate the deck hardware.

An inspection will be made of each boat's hull, and the masts, sails and rigging. Anything broken will be repaired or mended.

Red winter buoy marker balls replace the sailboat mooring buoys in Coasters' Harbor.

The Marina's fleet is used by the Coasters' Harbor Navy Yacht Club for sailing lessons every season. Winter and summer boat berthing for plea-

MARINA, Page 9



Greg O'Shea, in forklift, assistant facilities manager, and Walter Szynal, Marina manager, bring a Rhodes 19 out of the water for winter storage at **Building W-34.**



Walter Szynal, top, Marina manager, and Mike Ruggeri, MWR mechanic, pump bilge water out of a Shields class sailboat before it is lifted out by crane.

Marina

Continued from Page 8

sure craft owned by active duty and retired military is a strong source of income for MWR.

In-water winter berthing is available at the Marina until April 30. Applications are available at the Marina Office, Building 17. The fee is \$15 per foot and is for "storage" purposes only. Live aboards are not be allowed.

Meanwhile, applications for in-water summer 2005 boat berthing are being accepted.

Sixty berths are reserved for

active duty personnel, their mooring balls, will begin on dependents, and military reservists through April 15 or until filled. Assignment of these berths will begin on Feb. 1 on a first come, first serve basis based upon boat size and corresponding slip availability, until filled.

Mooring balls are also avail-

personnel and Department of remaining 35 berths and 27

Feb. 1. Retired military will have priority over Department of Defense civilians.

The berthing rates for 2005 will be \$59.50 per foot (DoD \$71.50 per foot). The seasonal mooring rate is \$718 (DoD \$862).

For berthing information or Applications from retired applications, call MWR at 841-2643. For all other Marina Defense civilians, for the information, call the Marina at 841-3283.

Announcements

Native American menu Wednesday

In observance of National American Indian and Alaska Native Heritage Month, the Ney Hall galley will serve a traditional heritage meal during the lunch period, Nov. 24, beginning at 11:30

The menu includes vegetable soup, buffalo rib-eye roll with natural pan gravy or baked salmon, baked potatoes, steamed brown rice, corn on the cob, baked squash and corn bread.

FFSC changes hours next month

To better serve customers the Fleet and Family Support Center will change its hours of operation.

Beginning Dec. 1, the FFSC will be open from 7:30 a.m. to 6 p.m. each Thursday. On all other weekdays the FFSC will be open its normal working hours of 7:30 a.m. to 4:30 p.m.

Free salsa lessons at Topside Pub

Heat up the chilly winter nights with free Salsa dance lessons and Latin music tonight and Dec. 3 from 5:30 to 6:30 p.m. at the Topside Pub, Officers' Club.

Local dance instructor Sara Coelho will give the lessons. She is certified through the DVIDA program (Dance Vision International Dance Association) which is recognized by the National Dance Council of America. She has taught in Nantucket and Boston before moving to the Newport area, and now teaches independently.

For more information, call Morale, Welfare and Recreation Dept. Special Events at 841-4038.

ITT Office has Santa Suits

Just in the nick of time—-the Information, Tickets & Travel Office, Building 1121 has Santa suits for rent! Cost is just \$25 per business day payable at the time of registration. For more information, please call 841-3116.

MWR closes for Thanksgiving

The following Morale, Welfare and Recreation (MWR) Department facilities will be closed on Thursday and Friday, Nov. 25-26, for the Thanksgiving holiday:

The Auto Skills Shop, the Ski Shop, the Seaview Lanes Bowling Center, the Computer Café, Enlisted Lounges, Fitness PLUS, the Information, Tickets and Travel Office, Pool 307, Veterinary Clinic, and MWR administrative offices.

Gym 109 will be closed on Thursday, Nov. 25, and open on Friday, Nov. 26, from 9 a.m. to 4 p.m.

Meetings

Officer Spouse Club welcomes newcomers

MIDDLETOWN — The Newport Officer Spouse Club Welcome Coffee will be today from 10 a.m. until noon at the Greene Lane Community Center..

Join us in welcoming the new spouses to the area with coffee and treats. Childcare is available from the ASYMCA for children 18 months and older. There is a \$6 fee for the first child and \$3 for each additional child. Please call the ASYMCA at 846-9622 to register. The deadline for child care registration is today.

Questions or offers of help: Charlotte Greeson at 682-2464.

Retired officers to host Ambassador Middendorf

The Southeastern New England Chapter of the Military Officers Association of America

(MOAA) will hold its next luncheon meeting today at 11:30 a.m. at the Officers' Club, Naval Station Newport.

The speaker will be Ambassador William Middendorf, former Secretary of the Navy.

For reservations, call retired Air Force Col. David Fink at 849-4089.

All-service luncheon sponsored by WAVES

WEST WARWICK, R.I. — An All-Service Women's Luncheon, sponsored by WAVES National, Region 8, will be held Nov. 20 from 11:30 to 3 p.m. at Crown Plaza Hotel, West War-

All active duty women and women veterans are welcome to attend the luncheon, designed to make new friends, renew old friendships, and give support to women veterans.

Tickets are \$20, and no tickets will be sold at the door. Call Ginny Hanson at 846-6932.

Birth



Delaney Mason Ausiello, daughter of Lt. David and Mrs. Pamela Ausiello of Portsmouth was born Nov. 7, 2004, at Newport Hospital. She was 19 1/4 inches long and weighed 6 pounds, 9 ounces at birth. Lt. Ausiello is attached to the Naval War College public affairs staff.

Building 95, Phone 841-4821, 846-7987 or 849-3693)

Today: Lunch begins 11 a.m., at the Topside Pub with wait staff service.

Tonight: Kick off the weekend at the Officers' Club, the place to be on Friday nights. Head upstairs to the Topside Pub and enjoy complimentary hors d'oeuvres from 4 to 6 p.m. Also, check out the nightly

Naval Station Newport dining

drink special. Order from the pub menu until 9 p.m.

Saturday: The Topside Pub opens at 4 p.m. Order from the pub menu until 9 p.m.

Sunday: Come enjoy allhands breakfast at the Officers' Club. It's just \$8.95 for adults and \$4.50 for children (ages 4 to 10). Gratuity and beverages are not included.

Breakfast is served from 9 a.m. to 12:30 p.m. Enjoy your favorite breakfast menu items with spectacular views of Newport Harbor.

Monday-Friday: Never miss lunch again! The Topside Pub opens for lunch at 11 a.m. and you can order from the menu all day long! So, march on down to the Topside Pub and order a delicious meal when you want it! There are always two daily specials and menu is available until 9 p.m.

Thursday: Lunch begins at 11 a.m., at the Topside Pub with wait staff service. Lobsters for Happy Hour from 5 to 7 p.m., one-plus pound boiled lobsters, giant baked potatoes, hot and spicy wings, fresh garchowder or order from the pub 11 p.m., Wednesday to Satur- Recreation Center, Building 841-3054. menu until 9 p.m.

Upcoming Events:

All-Hands Thanksgiving Buffet: Make the pilgrimage to the Officers' Club for a feast that your family will give thanks for, the annual Thanksgiving Day Feast on Thursday, Nov. 25!

Enjoy an abundant appetizer and salad bar, dozens of delicious entrees, homemade breads and rolls, and a decadent pastry and dessert bar for just \$24.95 for adults, \$11.45 for children 4 to 12 (children age 3 and under are free).

The buffet will be served from 11 a.m. to 3 p.m. All ticket prices include gratuity and seating times must be requested when purchasing tickets. Purchase tickets at the Officers' Club Gift Shop during normal hours of operation or by phone at 846-7987, using Visa or MasterCard.

Leftovers Lunch: Leftovers are the best part of Thanksgiving dinner, so plan to enjoy a delicious turkey buffet at the Topside Pub at the Officers' Club on Friday, Nov. 26, the day after Thanksgiving.

For just \$8 per person, this buffet will offer an all-youcan-eat feast including dessert - while it lasts - from 11 a.m. to

The regular lunch menu will be unavailable today. For more information, call the Officers' Club Gift Shop at 841-

Enlisted Lounges

(Recreation Center, Building 656, phone 841-3054)

Hours of operation: The den salads, and creamy clam Enlisted Club is open from 4 to

day. The CPO Lounge is open Wednesday and Thursday, from 4 to 6 p.m. and enjoy from 4 to 9 p.m. and Friday, 4 to 11 p.m.

The Pub menu is available Wednesday through Saturday, 4 to 8 p.m. Lunch service is no longer available.

Tonight: Head over to the

656, tonight and every Friday complimentary chunky salsa and tortilla chips, and listen to tunes on the jukebox. This is after a long week, so mark your calendar.

For more information, call for just \$2.50.

Saturday: The club is open from 4 to 11 p.m., with Pub menu available until 8 p.m.

Wednesday is "Wild Wings" Night from 4 to 8. Get a basket the perfect way to unwind of chicken wings (available three ways), with fresh celery and blue cheese dipping sauce

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Ponsolle

Continued from Page 3

tant; weapons officer, USS served as 16th commanding Conyngham (DDG 17); com- officer at SWOS since April bat systems instructor, Senior 2003. He has reported as Officer Ship Material Readiness Course; Executive Officer, Office of the Chief of Naval USS Arthur W. Radford; com- Operations in Washington, bat systems officer, SWOS; D.C. Commanding Officer, USS Conolly; and reactor officer, USS Carl Vinson (CVN 70).

Capt. Ponsolle is married to the former Barbara Ann Sala of Toms River, N.J. They have two instruction facility consolidatchildren, Elizabeth Thomas.

as reactor mechanical assis- selected for flag rank this year, Deputy for Surface Ships,

Under his leadership, Buzby oversaw the fruition of Memorial Hall. The \$13.4 million 75,000 square foot applied ed administration and stateof-the-art training for division Rear Adm. (Sel.). Buzby, officer training under on roof.



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(Building 656, 841-4293)

The Seaview Lane Bowling Center schedule for the season has been posted:

Wednesday to Friday, adult bowling leagues;

Saturday, 1 to 3 p.m. youth bowling leagues;

Saturday, 3 to 5 p.m. open bowling available

The 2004-2005 Youth American Bowling Alliance (YABA) league is underway at Seaview Bowling Lanes, Building 656.

Eligible participants must be

Leisure

between age 5 and 21. The

fee is \$6 per week. For more information, call Lee Van Buren at 849-5877.

Youth/special fitness activities

(Gym 109, 841-3154)

Youth Basketball: Youth, ages 4 to 15 are invited to register for winter basketball, which begins on Jan. 8 and runs through March 12. Games will be played Saturdays at Gym 109 and the Newport County YMCA on Valley Road, Middletown.

The cost is \$35 per child and registration ends on Friday, Dec. 3. Register at Gym 109, Monday through Friday, from 8 a.m. to 4:30 p.m. in the Athletic Director's Office.

Practices for youth ages 8 and up begin the week of Dec. 13 and Jan. 3 for ages 6 and 7. For more information, call Jeff Dunn at 841-7196.

- Youth fitness program: Youth/teens can learn training methods and the importance of a healthy lifestyle. Education lectures will be provided by Naval Ambulatory Care Center (NACC). The training program builds confidence and will provide information
- -Human Movement: Basic Anatomy & Physiology
 - —Functional Training
 - —Strength/Power Training
 - —Balance Training
 - —Flexibility
 - —Core Stabilization
 - —Plyometrics
 - —Injury Prevention
 - —General Nutrition
 - —Body Composition

Each participant will receive a fitness assessment. The class is open to youth, ages 8 to 14. It is a 13-week class until Dec. 16 from 3:45 to 4:30 p.m. Youth Fitness costs \$30 per person.

Register Monday through Friday, 9 to 6 p.m., at Fitness Plus, Building 355 or call 841- charge. There is a 10-cent Showcase your talents with Thursdays from 7 to 8 p.m.

Computer Café

(Building 656, 841-2194)

· Personal computers available five days a week to send and receive email, surf the web, play games — all at no noon to 6 p.m.

Music/games

(Building 656, 841-3054)

• The next Karaoke night will be tomorrow, Nov. 20, at 8 p.m. ation Center, Building 656, 50 BINGO numbers!

charge for printing. Open golden oldies, country hits, Tuesday through Saturday, and of course, today's top tunes, beginning at 8 p.m. No cover charge, open to all hands. For more information, call The Recreation Center at

BINGO is back at the Recre-

841-3054.

Bingo strips cost just \$1 each (three cards on a strip) and winners receive \$30 cash prizes.

Don't miss our huge jackpot that begins around 7:30 p.m. It's worth \$500 if a coverall Bingo is called within the first



HELPING HAND — Fire Controlman Third Class Class Matt Rukstela makes contributions to the Naval Station Newport holiday food basket program in Building 690. The donated items will be collected, sorted and packaged for designated military families on Nov. 22 at the Chapel of Hope.

Sports

Army Prep holds off NAPS

By RICHARD ALEXANDER Navalog editor

FT. MONMOUTH, N.J. — The Naval Academy Prep School (NAPS) football team lost a heartbreaker to Military minutes remaining. Academy Prep School (MAPS), 15-14, last Saturday to cap a 7-3 season.

The "Little Army Navy" classic is the highlight of both military prep schools, which NAPS won last year and in

point-after fumbled a two-point conversion. The the Golden Knights' holder picked up the ball, broke three tackles on a right end sweep, and scored.

NAPS left the field at halftime leading, 14-7, but in the offense. The Rams gained only 17 yards. In the middle of the fourth quarter, Army mounted a drive to the Rams' 12-yard feated Naval Academy JVs.

line. But Rams' linebacker Clint Sovie stymied the Golden Knights as he intercepted a screen pass.

Navy was forced to punt the ball back to Army with three Knights drove 62 yards and scored with 45 seconds left in the game (14-13).

On the extra point kick to tie the game, Army's holder fumbled the snap but picked up the ball and scrambled it in for two points (15-14).

On the ensuing kickoff attempt by Army late in the Army's squib kick bounced off fourth quarter, developed into a Navy return man and MAPS re-took possession at midfield.

NAPS refused to give in, using its three time outs and got the ball back on the 50yard line with only nine sec-MAPS finished the season at onds remaining. But two long pass attempts to get Navy within field goal range failed: the first was incomplete and second half could mount little the second, a "Hail Mary," failed as the game ended.

NAPS only other losses this year were against the unde-

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Dr. Curtis is considered an expert on the subject of neck and back pain because of the success he has had with treating this condition.

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Seating is limited. Call today to reserve your spot. 619-1966

Free Dinner Workshop

STA-21 Class

Continued from Page 4

attend follow:

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South Florida O/C Matthew J. Bird, University of

Washington O/C Kenneth P. Bond, Prairie View A

& M University O/C Zachary C. Boswell, University of

Texas at Austin O/C Robert B. Bowman, Virginia

Polytechnic Institute
O/C Christopher D. Brooks, Florida

O/C Matthew S. Brooks, Old Dominion University
O/C Kristal A. Brown, University of

Memphis
O/C Maccon A. Buchanan, North

Carolina State University O/C Carl N. Burnett, Iowa State Uni-

O/C Steven J. Burrows, University of New Mexico

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State University
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O/C Jonas L. Clinton, University of

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of Arizona O/C Joshua M. Cosman, San Diego

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O/C April L. Ehrhardt, Old Dominion

University
O/C Stephen M. Emerson, University
of North Florida

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BELLEVUE area lge. 2 bdrm., 2 bath, a amenities. \$2000+/mo. Edith, ReMax 848-6750.

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dral ceilings. Non smc
ers \$1550. 683-6049.

725 - Condos

WHITEHALL 2 bdrm., 2.5 bath, firepla garage.Now avail \$1750. Terry 848-0095.

730 - Houses

l BLOCK FROM Bailey's beach. 3 bdrm 1-1/2 bath, 2 firepla & finished basement \$1,800+ utils. By owne Call 846-8906

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3 BDRM., bright bungalow, on the Sakonnet Portsmouth. Washer/dryer, garage. 12 \$1650+ utils. 683-2304

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2 & 3 bdrms. availabl
Call Flynn Real Esta

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PORTSMOUTH DUPLEX: 2 bdrm., off Old Mill Garage, finished base ment, yard. \$1,100/mo + utils. Fredie Gallag Re/Max, 848-6763.

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902 - Motorc

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905 - Trucks &

FORD F150 2000, 4x4, 4 dr., extra cab, tow package, excellen cond. \$15,900. 996 2622 ask for Roy.

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915 - Autos f

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846-7495.

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Newport

STA-21 selects 186 enlisted

NAVAL STATION, GREAT LAKES, Ill. (NNS) — A total of 186 enlisted Sailors will have the opportunity to complete their college educations and earn commissions in the Navy, after being selected for the Seaman to Admiral (STA-21) commissioning program. More than 1,100 applications were received.

STA-21 is a full-time undergraduate education and commissioning program open to enlisted personnel of all paygrades and ratings who meet eligibility requirements. STA-21 is designed for Sailors interested in earning a baccalaure- Afghanistan last year..

Navy-wide news

as a naval officer.

Selectees are provided up to a maximum of 36-months of full-time, year-round study to matching requirements. complete a baccalaureate degree.

while attending college and benefit from an education the technology for high volvoucher valued at up to ume testing in the Navy labo-\$10,000 per year to cover ratory, it worked closely with tuition, fees and book costs.

Following degree completion, STA-21 participants will be appointed an ensign, U.S. Naval Reserve, on the activeduty list.

Marrow transplant saves Army major

WASHINGTON (NNS) — Medical technology developed by Navy research aided in a successful bone marrow transplant for an Army National Guard member who went on to complete a combat tour in

The bone marrow recipient, Army Maj. Thomas Crotty, was matched with a ate degree and a commission donor using Navy-developed DNA-based technology for rapidly and accurately typing volunteer donors for genetic

"I feel so proud that (this program) started with the mil-

Participants in the STA-21 itary, because this truly saved program remain on active duty my life," said Crotty.

PHAN Robert Brooks/U.S. Navy photo Lt. Cmdr. Matt Bartel, upper right, of Barrington, R.I., launches a T-45 Goshawk assigned to Training Air Wing One aboard the carrier USS George Washington. The Norfolk, Va.-based Nimitz-class aircraft carrier is conducting routine training with Training Wings One and Two (TW-1 and TW-2) in the eastern Atlantic.

and supported the National Marrow Donor Program (NMDP) to deploy the DNA technology for the entire national program.

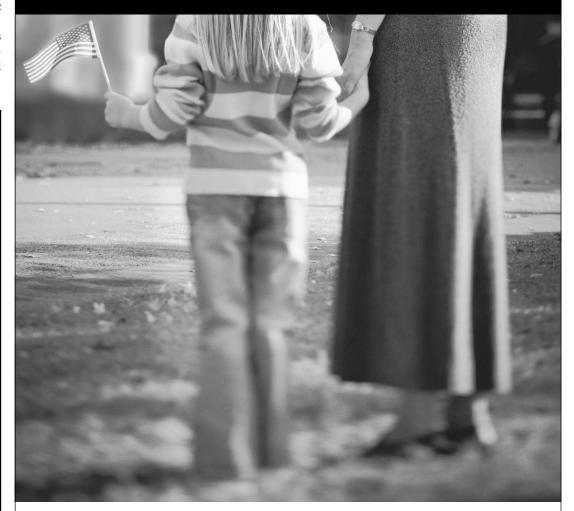
Once the Navy established 'Check floating' ends for Sailors

NAVAL STATION EVERETT. Wash. (NNS) — As of Oct. 28, the Check Clearing for the 21st Century Act, also known as Check 21, made check floating obsolete for Sailors and family members.

For many, "floating" a check to cover expenses is a common practice. Float time is the period of time between when a check is written to the instance the funds are actually debited from the account.

Check 21 is a new federal regulation designed to speed up check processing.

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Newport Navalog, Friday, November 19, 2004